

Name on player's evaluation will appear as printed below.

(PLEASE PRINT CLEARLY)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

AGE \_\_\_\_\_

GRADE (Sept./2020) \_\_\_\_\_

SCHOOL ATTENDING Sept. 2020: \_\_\_\_\_

HEIGHT \_\_\_\_\_

EXPERIENCE (years played) \_\_\_\_\_

CLUB/ POSITION \_\_\_\_\_

CONTACT PHONE # \_\_\_\_\_

MEDICAL CONCERNS \_\_\_\_\_

EMAIL \_\_\_\_\_

Shirt Size-Please Circle

ADULT: S M L XL

Checks made payable & mail to:  
Michael Krause

3521 Golf Course Rd.

Allentown, PA 18104

610-391-9127

Detach and return this portion with your payment

### ABOUT THE DIRECTOR:

- National Federation of High Schools  
2012 Pennsylvania Coach of the Year
- NFHS Volleyball Rules Committee  
National Coaches Representative
- 2015, 2014 and 2011 PIAA State  
Champions; 2012 and 2016 State  
Finalist; 9 District XI Championships;  
8 League Championships
- Team has Reached 8 of last 9 PIAA  
State Semifinals
- 2010, 2011, 2014 and 2015 Morning  
Call Coach of the Year
- 2018 AVCA Region Coach of the Year
- High school players have received  
20 All American honors-3  
Pennsylvania Gatorade's Player of  
the Year
- Asst. Director: Taylor Krause –  
Penn State Volleyball 2X Nat'l  
Champion-PIAA Champion-4 Time  
High School All American

*"This Camp is for athletes who may have trained in volleyball previously, or have been involved in other youth sports, as well as those just beginning to experience athletics. All athletes are welcome, if they are willing to train and learn."*

Mike Krause

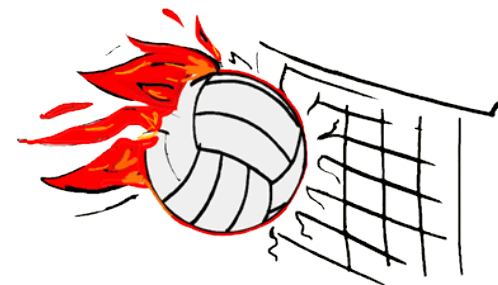
FIRST 15 REGISTRANTS WILL  
RECEIVE A \$25 REBATE

16<sup>th</sup> Red Crush

VOLLEYBALL CAMP

FOR GIRLS Entering  
Grades 5 thru 9 Fall 2020

JULY 13 TO JULY 16, 2020



DIRECTED BY:

Mike Krause, Head Coach

Parkland High School

Girls Volleyball

2011, 2014, 2015 PIAA State  
Champions

REGISTER EARLY!

High School Volleyball has the largest number of female participants (over 452,000) in a team sport in the country...second only to Track and Field!

# CAMP PROGRAM

The Red Crush Volleyball Camp is designed to teach the fundamentals, as well as advanced skills, of the game of volleyball. We encourage athletes from other sports to attend. Athletes involved in other sports will gain the benefit of cross training. **Cross training** (training multiple skills) has been the foundation for growth in sport among young athletes. If your daughter has an interest in sport, this camp will teach the fundamental process in “**Learning How to Learn**”.

**Camp is held at Parkland high School.** All campers should arrive at 8:45 am. Camp will end at 3:00 pm. Campers must bring their own lunch and drink. **Campers should have knee pads and arrive dressed to play (no jewelry please). Bring additional clothes to change into after the morning session.**

CANCELLATION FEE OF \$25.00  
PRIOR TO JUNE 20, 2020 (any refunds requested after June 20, 2020 will be evaluated on a case by case basis)

For more information, email us at:

[redcrushvolleyballcamp@yahoo.com](mailto:redcrushvolleyballcamp@yahoo.com)

## EACH CAMPER WILL:

- Receive a camp t-shirt (size is only guaranteed if registered by June 20, 2020)
- Be eligible for awards
- Receive a personal evaluation
- Hot Dogs and Chips for lunch one day on Coach Krause; day TBD

**AWARDS Thursday, PARENTS WELCOME**

### SAMPLE DAILY SCHEDULE

9:00-9:30 Open Gym, Skill Demo,  
announcements, group stretch  
9:30-11:15 Indiv. Skill Development  
11:15-11:50 Team Development  
11:50-12:00 Competitions  
12:00-12:30 Lunch  
12:30-1:15 Camper Challenges  
1:15-1:45 Team Skills Training  
1:45-2:45 Team Games  
2:45-3:00 Closing activities  
(SUBJECT TO CHANGE)

## RED CRUSH VOLLEYBALL

I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY MEDICAL BILLS INCURRED BY MY CHILD WHILE AT CAMP. I AUTHORIZE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP TO ACT AS THEY DEEM FIT IN THE EVENT AN EMERGENCY ARISES. I HEREBY RELEASE AND FOREVER DISCHARGE THE STAFF OF THE RED CRUSH VOLLEYBALL CAMP OF AND FROM ALL MANNER OF ACTIONS, SUITS, DAMAGES, CLAIMS, AND DEMANDS ON ACCOUNT OF PERSONAL INJURY OR DEATH ARISING FROM MY CHILD'S PARTICIPATION IN THE ABOVE LISTED ACTIVITIES.

PARENT SIGNATURE & DATE

**PLEASE COMPLETE BOTH SIDES  
OF THIS SECTION AND RETURN  
IT WITH YOUR CHECK FOR  
\$210.00 CONTACT US FOR MULTI-CHILD  
DISCOUNT**

**(Return only this section)**

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THIS IS **NOT** A PARKLAND  
SCHOOL DISTRICT SPONSORED  
EVENT

Detach and return this portion with your payment