



Parkland Middle School Lunch Menu November 2018



Monday

Tuesday

Wednesday

Thursday

Friday

<p>5 The Main Events turkey sausage patty yogurt Sidelines french toast sticks hash brown rounds</p>	<p>6 Professional Development Day (no school)</p>	<p>7 The Main Events chicken fajita cheeseburger on roll Sidelines steamed brown rice celery sticks w/dip</p>	<p>1 The Main Events parkland deli hoagie mini corn dogs Sidelines french fries celery sticks w/dip</p> <p>8 The Main Events roast turkey w/gravy Sidelines potato filling dinner roll steamed green beans ice cream</p>	<p>2 The Main Events meatballs in sauce chicken patty sandwich Sidelines pasta w/sauce steamed broccoli</p> <p>9 The Main Events chicken fryz hot dog on roll Sidelines pierogies baked beans</p>
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Additional daily choices of “The Main Event” include pizza, salad bar, sandwiches, wraps, and PBJs. Additional daily choices of “Sidelines” include 3 different vegetables and 3 different fruits.

Lunch includes fruit and milk

Menu subject to change without prior notice

Prices:

Student @ \$2.85

Reduced @ \$.40

Adult @ \$3.85

Monday	Tuesday	Wednesday	Thursday	Friday
12 The Main Events mini corn dogs cheddar cheese meatloaf sandwich on roll Sidelines mashed potatoes w/gravy	13 The Main Events trojan chicken bowl mozzarella sticks w/sauce Sidelines dinner roll steamed broccoli	14 The Main Events nachos w/Bush's taco fiesta black beans turkey & cheese melt on pretzel bun Sidelines steamed brown rice	15 The Main Events pasta w/meat or marinara sauce hot dog on roll Sidelines dinner roll tossed salad	16 The Main Events toasted cheese sandwich chicken nuggets Sidelines dinner roll cream of tomato soup
19 The Main Events chicken patty sandwich stuffed crust sticks w/sauce Sidelines baked beans steamed vegetable	20 The Main Events mini cheese ravioli w/sauce chicken nuggets Sidelines dinner roll steamed broccoli	21 The Main Events egg mctrojan yogurt Sidelines french toast sticks tater tots	22 Thanksgiving Holiday (no school)	23 Thanksgiving Holiday (no school)
26 Thanksgiving Holiday (no school)	27 The Main Events mozzarella sticks w/ sauce cheeseburger on roll Sidelines dinner roll steamed vegetable	28 The Main Events chicken tenders hot dog on roll Sidelines soft pretzel rod steamed green beans	29 The Main Events meatballs in sauce chicken patty sandwich Sidelines pasta w/sauce steamed broccoli	30 The Main Events walking taco w/Bush's taco fiesta black beans chicken nuggets Sidelines steamed brown rice

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Breakfast Menu

Middle Schools and High School

Monday	Tuesday	Wednesday	Thursday	Friday
mini pancakes	egg, turkey sausage, & cheese on english muffin	mini turkey sausage wrapped in pancake	egg, turkey sausage, & cheese on english muffin	mini waffles
OR	OR	OR	OR	OR
donut, wg	cereal, wg and yogurt, 4 oz	donut, wg	cereal, wg and yogurt, 4 oz	donut, wg
OR	OR	OR	OR	OR
bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese	bagel, wg with cream cheese
OR	OR	OR	OR	OR
PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich	PBJ sandwich



**breakfast includes choice of fruit,
juice, and milk**

**student prices: \$.00 to free
 \$.30 to reduced
 \$1.60 to paid**