

* Whole Grain



February 2012



MON

TUE

STUDENT
\$2.35

WED

ADULT
\$3.50

THU

FRI

		1 Tuna Hoagie or Spicy Chicken Sandwich WG Chips Green Beans Chilled Fruit/Sherbet	2 Pork BBQ or Cheeseburger Steamed Carrots Brown Rice Chilled Fruit/Sherbet	3 Stromboli or Chicken Tenders Spinach Salad Sweet Peas Chilled Fruit/Sherbet
6 Chicken Quesadilla or Plump Hot Dog Tater Tots Steamed Broccoli Chilled Fruit/Sherbet	7 Trojan Cheesesteak or Mozzarella Sticks Bagged Snack Broccoli Chilled Fruit/Sherbet	8 Tuna Hoagie or Stuffed Crust Stix Spinach Salad Steamed Carrots Chilled Fruit/Sherbet	9 Parkland Chicken Sandwich or Toasted Cheese Sandwich Green Beans Tomato Soup Chilled Fruit/Sherbet	10 Meatball Sub or Baked Ziti Bagged Carrots Tossed Salad Chilled Fruit/Sherbet
13 French Toast Sticks w/Sausage Links or Egg McTrojan Hash Browns Orange Juice Chilled Fruit/Sherbet	14 Nacho Bar or Baked Chicken Nuggets Brown Rice & Beans Steamed Carrots Chilled Fruit/Sherbet	15 General Tso's Chicken or Cheeseburger White Rice Steamed Broccoli Chilled Fruit/Sherbet	16 Bosco Cheese Sticks or Italian Hoagie Spinach Salad Celery Sticks w/ Ranch Dressing Chilled Fruit/Sherbet	17 No School
20  No School President's Day	21 Trojan Bowl or Stromboli Brown Rice Corn Chilled Fruit/Sherbet	22 Parkland Chicken Sandwich or Rib Sandwich Oven Baked French Fries Green Beans Chilled Fruit/Sherbet	23 Orange Chicken or Mini Corn Dogs Steamed Rice Bagged Carrots Chilled Fruit/Sherbet	24 Toasted Cheese Sandwich or Meatball Sub Tomato Soup Tossed Salad Chilled Fruit/Sherbet
27 French Toast or Waffle Sticks w/ Sausage Hash Browns Orange Juice Chilled Fruit/Sherbet	28 Oven Baked Chicken Nuggets or Cheeseburger French Frys Sweet Peas Chilled Fruit/Sherbet	29 Ham & Cheese Hoagie or Stuffed Crust Sticks Mixed Veggies WG Bagged Snack Chilled Fruit/Sherbet	<p>WW = Whole Wheat WG = Whole Grain LF = Low Fat</p>	

The Trojan Grille at the Trojan Café

