

* Whole Grain



November 2009



STUDENT
\$ 2.00

ADULT
\$3.25

MON	TUE	WED	THU	FRI
<p>2</p> <p>French Toast with Sausage or Egg McTrojan Hashbrown OJ Chilled Fruit/Juice/Icy or Sherbet</p>	<p>3</p> <p>Election Day! </p> <p>Nacho Bar or Mozzarella Stix Steamed Rice Sweet Corn Chilled Fruit/Juice/Icy or Sherbet</p>	<p>4</p> <p>Chicken Nuggets or Stuffed Shells Tossed Salad Mixed Veggies Chilled Fruit/Juice/Icy or Sherbet</p>	<p>5</p> <p>Toasted Cheese or Stromboli Tomato Soup Sweet Peas Chilled Fruit/Juice/Icy or Sherbet</p>	<p>6</p> <p>Chicken Frys or Stuffed Crust Sticks Tossed Salad Green Beans Chilled Fruit/Juice/Icy/ Sherbet</p>
<p>9</p> <p>Bacon Burger or Pork BBQ Bagged Chip Steamed Carrots Chilled Fruit/Juice/Icy or Sherbet</p>	<p>10</p> <p>Beef or Chicken Taco Trojan Cheesesteak Steamed Rice Sweet Peas Chilled Fruit/Juice/Icy or Sherbet</p>	<p>11</p> <p>Chicken Quesadilla or Mini Corn Dogs Tossed Salad Green Beans Chilled Fruit/Juice/Icy or Sherbet</p>	<p>12</p> <p>Holiday Meal Oven Roasted Turkey w/Gravy PA Dutch Potato Filling Dinner Roll Sweet Corn Cranberry Sauce Ice Cream Cup</p>	<p>13</p> <p>Hot Dog or Meatball Sandwich Baked Chips Veggie Beans Chilled Fruit/Juice/Icy/ Sherbet</p>
<p>16</p> <p>Chicken Patty or Stromboli Potato Smiles Sweet Corn Chilled Fruit/Juice/Icy or Sherbet</p>	<p>17</p> <p>Chicken Lo-Mein or Mozzarella Sticks Mixed Veggies Chilled Fruit/Juice/Icy/ Sherbet</p>	<p>18</p> <p>Italian Hoagie or California Burger w/Cheese Oven Baked Fries Steamed Veggies Chilled Fruit/Juice/Icy or Sherbet</p>	<p>19</p> <p>Bosco Cheese Stix or Popcorn Chicken Tossed Salad Green Beans Chilled Fruit/Juice/Icy or Sherbet</p>	<p>20</p> <p>Steak Sandwich or Chicken Nuggets Seasoned Noodles Steamed Carrots Chilled Fruit/Juice/Icy or Sherbet</p>
<p>23</p> <p>French Toast or Waffle Stix Sausage Hashbrown OJ Chilled Fruit/Juice /Icy or Sherbet</p>	<p>24</p> <p>Toasted Cheese Sandwich or Meatball Hoagie Tomato Soup Sweet Peas Chilled Fruit/Juice/Icy/ Sherbet</p>	<p>25</p> <p>Hot Dog or Ham & Cheese Sandwich Baked Chips Mixed Veggies Chilled Fruit/Juice/Icy/ Sherbet</p> <p style="text-align: center;">Early Dismissal</p>	<p>26</p> <p style="text-align: center;"><i>No School</i></p> <div style="text-align: center;"> </div>	<p>27</p> <p style="text-align: center;"><i>No School</i></p>
<p>30</p> <p style="text-align: center;"><i>No School !</i></p>	<div style="text-align: center;"> </div>		<div style="text-align: center;"> </div>	



Daily Breakfast



MON

TUE

STUDENT
\$1.10

WED

THU

FRI

Daily Menu

Assorted Cereals
Fresh Fruit or 100% Juice (4oz)
Choice of Low Fat Milk

Assorted Cereals
Fresh Fruit or 100% Juice (4oz)
Choice of Low Fat Milk

Assorted Cereals
Fresh Fruit or 100% Juice (4oz)
Choice of Low Fat Milk

Assorted Cereals
Fresh Fruit or 100% Juice (4oz)
Choice of Low Fat Milk

Assorted Cereals
Fresh Fruit or 100% Juice (4oz)
Choice of Low Fat Milk

**STUDENT
\$1.10**

