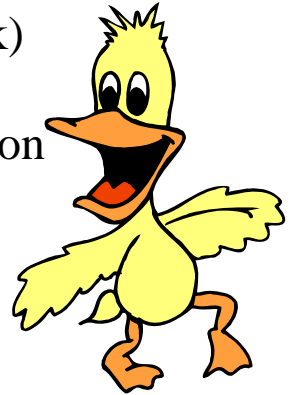




WINTER SAFETY

1. Practice Safe Walking Skills

- *Take short steps
- *Walk with feet pointed outward (like a duck)
- *Make wide turns
- *Pay attention to the surface you're walking on
- *SLOW DOWN!!



2. Wear slip-resistant shoes

3. Keep soles of shoes clean

4. Keep one hand free for balance

5. Don't walk on ice unless you absolutely have to and can't avoid it.



6. Be alert for icy patches underneath snow, "black ice" or hazards caused by freeze/thaw conditions.

7. Pay special attention to slippery surfaces (ice or snow covered) which are not level or when going up or down steps.

