

OCT 2011



# PARKWAY MANOR NEWSLINE

A PTO Publication



## Dates to Remember....

### October 4

- 🍎 Hearing Screenings

### October 10

- 🍎 NO SCHOOL Professional Development Day

### October 11-14

- 🍎 Fall Book Fair

### October 12

- 🍎 Parent Visitation  
9:15 - 11:15AM

### October 13

- 🍎 Parent Visitation  
1:15 – 3:15PM

### October 17

- 🍎 PTO Meeting 7:00PM  
In the Library

### October 21

- 🍎 EARLY DISMISSAL 1:45PM

### October 21

- 🍎 PTO Movie Night  
7:00 PM

### October 28

- 🍎 Halloween Parade &  
Social @ 2:15PM

## RAISING RESPECTFUL CHILDREN

When your youngster hears the word “respect”, what does she think of? Explain that by being considerate of others’ feelings, letting people know she appreciates them, or taking care of belongings, she’s showing respect.

Point out that there are different types of respect- for ourselves, for others, for property, and for the environment. Then, try these ideas to help your child understand and practice all kinds of respect.

Your youngster may have heard the advice to treat others as she wants to be treated. If she respects herself, following this advice will be easier. Children who have self-respect are also more likely to resist peer pressure. Here are ways for your child to practice self-respect.

**Know yourself.** Ask your youngster what she does well or is proud of (being a good friend, finishing a big project). Recognizing her traits and accomplishments will boost her self-respect.

**Stay healthy.** Encourage your child to take care of herself. Part of self-respect is keeping her body healthy and strong by exercising, eating nutritious foods, and avoiding harmful substances like drugs and cigarettes.

**Do your best.** When your child works hard in school, he demonstrates self-respect. Taking advantage of every chance to learn shows that he cares about his own success.

**Respect teachers.** Following classroom rules is one way your child can respect her teacher. You can reinforce this at home by talking respectfully about her teacher. If she insists that a grade or a punishment is unfair, you might say, “I know you’re disappointed, but I’m sure your teacher had a good reason.” You can then calmly follow up with the teacher by phone or email to get more information.

**Be a good sport.** When your child plays or watches a game, she should be considerate of the coaches, players on both teams, and officials. For instance, even if she disagrees with a referee’s call, she should go on and play the game rather than complaining or making a negative comment. Explain that rituals like applauding politely when a visiting team enters the gym or shaking hands with opponents shows that respect is important in sports.

Sincerely,  
Scott A. Bartman, Principal



## Looking to recycle your family's Halloween Costumes?

Please drop off your gently used Halloween costumes in the bins located in the hall near the cafeteria by October 14<sup>th</sup>. We are in need of all sizes for all ages!  
We thank you for supporting the PTO!

New this year! The Halloween Shop will be open during Book Fair and Parent Visitation on the following days:  
Wednesday, October 12<sup>th</sup> from 9:00 a.m. to 12:00 Noon  
Thursday, October 13<sup>th</sup> from 12:30 p.m. to 3:30 p.m.

Come take a look at our great selection!!



### Box Top Kick Off Contest!



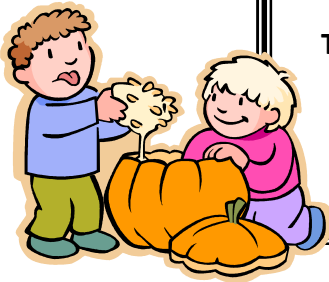
Top collectors will receive prizes!

Bring your Box Tops to school in a plastic baggie with **your name and your teacher's name attached.**

**The top collector in each grade will receive a cool and awesome prize.**

**The contest ends Friday, October 14th.**

**Don't Forget - Collect Box Tops all year!**



## Calling All Shutterbugs!!!



If you are taking photos at school events and would like to send copies to the yearbook staff, feel free to submit them either via email attachment to [tlsussman@verizon.net](mailto:tlsussman@verizon.net) or to school via cd/dvd to Yearbook's attention. Please keep the following guidelines in mind:

- Digital resolution should be at least 300 ppi (3MegaPixels)
- The photographs should depict children who are students at Parkway Manor and/or staff, not adults or siblings not attending Parkway Manor
- The event or activity must be school related, such as a field trip, class project, etc.
- Label the event/grade/teacher in the photos
- Please submit your photos within 30 days of the event

Even though we do have people who photograph events for yearbook, we use many submitted by parents and teachers.

Thank you for sharing!



# HAPPY HALLOWEEN



These PTO Programs Are Ongoing

**Gently Used Books**

Donations can be placed in the bin located outside the cafeteria. For larger amounts, contact Kathy Dalton at 610-351-9233 to make arrangements.

**Inkjet & laser cartridges and cell phone recycling**

You or your child can drop them in the container across from the cafeteria entrance.

**Office Depot**

Do you shop at Office Depot?

When you shop at Office Depot, 5% of your purchase will be donated to Parkway Manor Elementary School every time you make a purchase as long as Account Number 70084859 is credited. At the time of purchase all you need to do is mention 'Back to School Rewards'. Yes, that's it! Mention Back to School Rewards (Year Round) and the cashier will look up the Parkway Manor



**THE GREAT PENCIL MACHINE**

One quarter buys you a pencil and a chance to win a prize!

If you are the lucky recipient of the golden pencil, please see Mrs. Berkheimer or Mrs. Moeltner in the Parkway Manor office to claim your prize!



**HELP US HELP OUR SCHOOL**



Did you know there's an easy way to help us raise money for our school—for books, reading programs and anything else that can use extra funding? It's called Take Charge of Education, and it's helping our school right now.

Here's how it works: Visit [Target.com/tcoe](http://Target.com/tcoe) or call 1-800-316-6142 to designate our school, then use your REDcard whenever you shop. When you use your REDcardSM (Target® Visa® Credit Card, Target Credit CardSM or Target Check CardSM), Target will donate up to 1% of your purchases to the eligible K-12 school of your choice.\*

Don't have a REDcard? It's easy to apply. Get started in person at any Target store or go to [Target.com/redcard](http://Target.com/redcard).

Grandparents, alumni, friends and neighbors are all welcome to participate in the program. The more people we involve, the harder the program works for our school. If you're already participating, thank you! Check out our school's progress anytime at [Target.com/tcoe](http://Target.com/tcoe).



Thank you to all the volunteers that helped make our picture day so successful. We had a great day and everything ran so smoothly. We couldn't have done it without all of you.

Thank you for your continued support of the PTO!



# October Birthdays




Mr. Vitovitch

Mrs. Abruzzese

Ms. Belletieri

Sandra Giegbefumwen, Ava Parrish, Emily Ahern, Elizabeth Appnel, Owen Campain, Nolan Coen, Eshal Kamran, Lauren Phillips, Jayda Jones-Lesaine, Skyler Belletiere, Sophia Treglia, Isabel Denton, Kailee Jones, Lucas Feher, Kyle Namm, Maxwell Battista, Irelynn Truckly, Kennan Petraglia, Trevor Roberts, Forum Patel, Aliza Coolidge, Michael Hu, Nola Shearer, Samantha Shewack, Anishka Kakade, Owen Delong, Nicholas Coval, Robert May, John Fifield, Mason Frame



Mrs. Brill

Mrs. Hamilton

## ***"BOOKMARK" YOUR CALENDAR! FALL BOOK FAIR IS ALMOST HERE!***

***DATES: Tuesday, October 11 – Friday, October 14***

Do you (or your kids) love books? You won't want to miss the Parkway Manor Fall Scholastic Book Fair this year! Dates and times are as follows:

Tuesday, October 11: 8:35 a.m. to 2:30 p.m.

Wednesday, October 12 (Parent Visitation Day): 8:35 a.m. to 2:30 p.m.

Thursday, October 13 (Parent Visitation Day): 8:35 a.m. to 4:00 p.m.

Friday, October 14: 8:35 a.m. to 12:30 p.m.

Parents are welcome to shop the fair during any of these times! Please remember that **there is 6% PA sales tax charged on each order** if you are sending in cash or checks with your kids. You are also welcome to come in and purchase items using a credit card. For more information, please visit our book fair homepage at <http://bookfairs.scholastic.com/homepage/parkwaymanor>. If you're interested in helping out during the event, please call Beth Kushnick at 610-530-0680 or email me at [bethkush34@yahoo.com](mailto:bethkush34@yahoo.com).



## HEALTH ROOM NEWS



Welcome back! Hopefully everyone is settling into a routine by now. Here in the Nurse's Office we are right back into the swing of things. We are working to obtain yearly heights and weights and vision screenings on your children. This process usually takes until December to complete. Mass hearing screenings will be done on October 4, 2011, for all students in Kindergarten to 3<sup>rd</sup> Grade. Students who do not perform well will be retested in late October. You will only be notified if your child has difficulty with the hearing or vision screenings. This notice will be written and requests a consult to be completed by a physician who can perform a more thorough evaluation. Please return the consult form to the health room when completed by the consulting physician. A health report card will be sent home later this year on all students which contains their annual screening results.



Returning to school means students are in close contact with each other all day and illness spreads quickly. It seems that every year the flu season hits earlier. Flu shots are readily available now at most pharmacies and physician's offices.

October might be a good time for you to review good hygiene practices with your child, such as hand washing, covering coughs and sneezes with a tissue (or the bend in the elbow if necessary, not the hands), keeping hands away from the nose and mouth, and the importance of not sharing things with others. You may also want to send in some tissues for your child's classroom or some anti-bacterial hand gel for your child's desk/cubby.



Also, please follow these guidelines and do **not** send your child to school if:

1. S/he has had a fever of 100 degrees or higher within the last 24 hrs without the use of fever reducing medication.
2. S/he has had vomiting or diarrhea within the last 24 hours
3. S/he has a severe head cold or persistent cough
4. S/he has any evidence of any suspicious skin rash or other contagious disease.

*Mrs. Judith Herb, School Nurse, and Mrs. Christine Waterhouse, R.N., H. R. Aide*



## October 2011- Healthy Halloween Party Ideas

Happy New School Year! The Parkland Health and Wellness Committee is pleased to bring you monthly articles that focus on wellness for the entire family.

*Consider serving these Halloween snacks in the month of October, at Halloween parties, or just to have some fun in the kitchen with your kids!*

### *Fruits*

- Orange wedges arranged around a small pumpkin
- Small bunches of green and red grapes in small Halloween cups
- Abracadabra Wands
- Apple chunks, grapes, low fat cheese threaded on long thin pretzel sticks
- Children can participate in preparing their own wand

### *Vegetables*



**Skeleton with Brain Dip** - A fun way to try a variety of Vegetables

**Directions:**

Pour dressing into a small bowl lined with lettuce leaves to resemble hair.(It should stick up at the top.)

Starting with the bowl as the head, form a skeleton shape by arranging any or all of the vegetables: lettuce, green pepper, red pepper, cucumber, snow peas, mushrooms, celery, carrots, cherry tomatoes, cauliflower. Be creative!

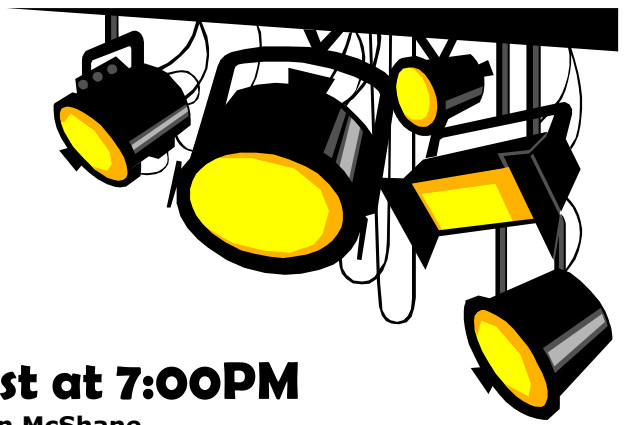
Pumpkin Muffins: Click here for a *Cooking Light* recipe that combines whole wheat and white flour and uses applesauce along with canola oil to decrease the fat found in many muffins. [http://food.cookinglight.com/cooking/recipefinder.dyn?action=displayRecipe&recipe\\_id=1120324](http://food.cookinglight.com/cooking/recipefinder.dyn?action=displayRecipe&recipe_id=1120324)

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## The Parkland Community Advisory Council (CAC) Invites You to Our October Meeting

The October CAC meeting topic will be "Signs and Symptoms of At-Risk Behaviors" and given by Connie Harakal, the Student Support Team leader at Parkland High School and Robert Thornburg, Director of Student Services on Thursday, October 20, 2011 at 7:00 p.m. at the Administration Center. The public is invited to attend.

# JOIN US FOR MOVIE NIGHT



© Walt Disney Pictures

## Friday, October 21st at 7:00PM

**Johnny Depp, Penelope Cruz, Ian McShane**  
**Walt Disney Pictures; Directed by Rob Marshall**  
**Rated PG-13; 141 minutes; 2011**

Captain Jack Sparrow crosses paths with a woman from his past, and he's not sure if it's love -- or if she's a ruthless con artist who's using him to find the fabled Fountain of Youth. When she forces him aboard the Queen Anne's Revenge, the ship of the formidable pirate Blackbeard, Jack finds himself on an unexpected adventure in which he doesn't know who to fear more: Blackbeard or the woman from his past.

## Friday, November 4th at 7:00PM

**Animated Feature**

**Voices by: Owen Wilson, Michael Caine, Jason Issacs**  
**Walt Disney Pictures/Pixar Animation;**  
**Directed by Brad Lewis and John Lasseter**  
**Rated G; 113 minutes; 2011**

Star racecar Lightning McQueen, and the incomparable tow truck, Mater, take their friendship to exciting new places when they head overseas to compete in the first-ever World Grand Prix to determine the world's fastest car. But the road to the championship is filled with plenty of potholes, detours and hilarious surprises when Mater gets caught up in an intriguing adventure of his own: international espionage. Torn between assisting Lightning McQueen in the high-profile race and towing the line in a top-secret spy mission, Mater's action-packed journey leads him on an explosive chase through the streets of Japan and Europe, trailed by his friends and watched by the whole world.



© Walt Disney Pictures/Pixar Animation

**Time:** Both movies starts at 7:00pm, doors open at 6:30 for seating.

**Place:** Parkway Manor Gym

**Price:** \$1.50 per ticket per person

**Ticket sales start** Mon 10/17 thru 10/21 for Pirates of the Caribbean and 10/31 thru 11/4/11 for Cars 2. All sales times will be from 11 am- 1pm in the cafeteria. AM and PM Kindergarten can purchase tickets in the office.

With your ticket purchase you will receive a drink, a soft pretzel and a bag of candy! Everyone that's buys a ticket get a chance to win the movie goodie basket in a raffle.

Please remember this is a family event and children must be accompanied by an adult. Kids bring your pillows or blankets to sit on.

Also please enter thru the back of the school at the gym doors.

Please check this web site for a movie review of this movie [www.kidsinmind.com](http://www.kidsinmind.com)