

**Don't forget to mark your calendar for**  
**FAMILY FITNESS NIGHT!**

**When: Friday, January 27<sup>th</sup>, 6:00-8:00 pm**

**All Families Welcome, free of charge!**

**Fun for the whole family including:**



**Wii JUST DANCE on the big screen, Interactive Karate, Dance and Gymnastics Stations, Craft Tables, Make and Taste your own Granola and Fruit Smoothies, Obstacle Courses for the Kids, Hula Hoop and Jump Rope Stations and much more!**

Please email Wendy Pinkham [pinkhamwendy@gmail.com](mailto:pinkhamwendy@gmail.com) or Heather Stay [hstay@rcn.com](mailto:hstay@rcn.com) with any questions. ....Hope to see you there!