

Players Name
(Please Print Neatly)


Lady Trojan
Tradition

10th Annual
LADY TROJAN
BASKETBALL CAMP



2005
DISTRICT XI CHAMPS

2006
LVIAC CHAMPS

2006
4A STATE CHAMPS

2007
DISTRICT XI CHAMPS

July 20th - July 24th

For Girls Ages 8-15
Grades 3-9

Directed By:
Wes Spence, Head Coach
Parkland High School
Girls' Basketball

Members of these TEAMS
will be present!

Name: _____

Address: _____

City: _____ Zip: _____

Age as of Camp 09: _____

Grade as of 9/09: _____

Height: _____

Experience (years played): _____

Home Phone #: _____

Contact # During Camp: _____

*EMAIL: _____

*(A confirmation email will be sent to the email address above)

SHIRT SIZE (Please Circle):

YOUTH: L XL
ADULT: S M L XL

Checks made payable to:

WES SPENCE
5232 Lincoln Avenue
Whitehall, PA 18052
610.440.0387

Please complete both sides of this section and return it with your check for \$150 to the address above.

CAMP PROGRAM








The **LADY TROJAN BASKETBALL CAMP** is designed to teach the fundamentals of the game of basketball. Stations, group drills, competitions, and team games will be used to meet these goals. At the conclusion of the camp, each camper will receive a personal evaluation and a recommended goal for individual improvement.

REGISTER EARLY!

You will receive a confirmation email shortly after registration. The **CAMP** will take place at **PARKLAND HIGH SCHOOL**. All campers should arrive between **8:30AM** and **9:00AM**. Campers must bring their own lunches with the exception of **FRIDAY (PIZZA)**. Water will also be provided for campers. Campers should arrive dressed in gym attire and ready to have **FUN** and play basketball! **No JEWELRY** please!

LADY TROJANS!

EACH CAMPER WILL:

-  Receive a **CAMP** shirt!
-  Be eligible for team/individual awards!
-  Receive a personal evaluation!
-  Enjoy a **PIZZA PARTY** at lunch on the last day!
-  Get autographs from their favorite **LADY TROJAN** High School Basketball Players!

AWARDS CEREMONY
2:10PM ON FRIDAY

PARENTS WELCOME!

SAMPLE DAILY SCHEDULE

- 8:30-9:00 - Open Gym
- 9:00-9:20 - Attendance, Announcements, & Group Stretch
- 9:20-10:30 - Stations (Fundamentals) and Group Drills
- 10:30-10:50 - Team Practices
- 10:50-11:50 - Games
- 11:50-12:00 - Competitions
- 12:00-12:45 - Lunch
- 12:45-1:15 - Group Discussions & Team Practices
- 1:15-1:45 - Individual Competitions
- 1:45-2:45 - Games
- 2:45-3:00 - Closing Activities

HARD WORK PAYS OFF!

Lady Trojan Basketball

I UNDERSTAND I AM FINANCIALLY RESPONSIBLE FOR ANY MEDICAL BILLS INCURRED BY MY CHILD WHILE AT CAMP. I AUTHORIZE THE STAFF OF THE LADY TROJAN BASKETBALL CAMP TO ACT AS THEY DEEM FIT IN THE EVENT AN EMERGENCY ARISES. I HEARBY RELEASE AND FOREVER DISCHARGE THE STAFF OF THE LADY TROJAN BASKETBALL CAMP OF AND FROM ALL MANNER OF ACTIONS, SUITS, DAMAGES, CLAIMS, AND DEMANDS ON ACCOUNT OF PERSONAL INJURY OR DEATH ARISING FROM MY CHILD'S PARTICIPATION IN THE LADY TROJAN GIRLS' BASKETBALL CAMP.

PARENT SIGNATURE

PRINT NAME

DATE

INSURANCE INFORMATION

DO YOU HAVE INSURANCE (CIRCLE ONE): YES /NO

INSURANCE COMPANY: _____

SUBSCRIBER'S NAME: _____

GROUP NUMBER: _____

AGREEMENT NUMBER: _____